

Participant Information Sheet

Version 02

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Title of Research Project: EXPLORATION OF THE VALUE OF CREATIVE WELLBEING WORKSHOPS FOR CREATIVE PRACTITIONERS

Lead Researcher: Rosalyne Norford 25435965@edgehill.ac.uk

Supervisor: Vicky Karkou karkouv@edgehill.ac.uk

I would like to invite you to take part in a research study EXPLORATION OF THE VALUE OF CREATIVE WELLBEING WORKSHOPS FOR CREATIVE PRACTITIONERS. Before you decide whether to take part, it is important that you understand why the research is being done and what it will involve. Take time to read the information that follows carefully and discuss it with others if you wish. Inform the research team if you would like more information or if anything is unclear. **What is the purpose of the study?**

The purpose of this study is to explore the value of creative wellbeing workshops for creative practitioners. This includes understanding the useful tools for supporting people who work in socially engaged art practices and what affects wellbeing in creative practitioners.

Why have I been invited?

This research study is targeting adults aged between 18 and 64 years with recent professional experience working as Creative Practitioners, defined as individuals engaged in the creation and delivery of artistic practices. We are particularly interested in participants who have worked in front-facing, people-facing, or community settings, reflecting the dynamic nature of the creative practice field. As the NHS shifts to a more integrated care system, there is the potential for an increase in the use of creative practitioners in people-facing work. This study aims to provide research that will better support these systemic changes currently taking place across health, arts and social care.

To align with the Greater Manchester Creative Health Strategy, participants must be based in Greater Manchester. This regional focus allows the study to contribute directly to the region's efforts in creative health.

This study aims for diversity in the participant group, encouraging individuals from various backgrounds in terms of race, class, ethnicity, sexuality, religion, and gender to participate. This diversity will provide a comprehensive perspective on the experiences and needs of creative practitioners.

What will I be asked to do?

The study will involve answering some questions in an online survey about your current wellbeing, it shouldn't take more than 2 minutes to complete the survey. This will be done at the beginning and the end of the study.

The study also involves being involved in four 1.5-hour creative wellbeing workshops taking place face-to-face at The Yard, Hulme, M15 5R. These workshops will involve creative activities aimed at supporting wellbeing. Each workshop will culminate in the creation of an informal piece of creative art. The fourth workshop will also feature a focus group where the process of the study and the themes will be discussed. This final focus group will be audio-recorded for later transcription and analysis.

What are the possible benefits or disadvantages of taking part?

You will have the opportunity to contribute to the understanding of wellbeing in creative practitioners and how wellbeing can be better supported.

This study does not offer any reimbursements, expense coverage or payment for participating. It may be that you choose to participate for your own self-development and wellbeing however it must be highlighted that this study is not a therapy offer for creative practitioners. You may not directly benefit from taking part in this study.

A possible risk is that you may become upset or distressed by reflecting on situations you have experienced. If this happens you are welcome and allowed to leave the group setting. If you do experience upset or distress as a result of taking part you can contact the following support services:

<u>Samaritans</u> Call: 116 123 Email: jo@samaritans.org	<u>Campaign Against Living Miserably</u> Call: 0800 58 58 58 Visit: www.thecalmzone.net	<u>Papyrus HOPELINEUK</u> Visit: www.papyrus-uk.org Call: 0800 068 4141
<u>Cultural Sector Hardship Fund</u> Email: fundsupport@homemcr.org Call: 0161 523 0444	<u>Anxiety UK</u> Call: 03444 775 774 Visit: www.anxietyuk.org.uk	<u>Crisis Cafe at No. 93 Harpurhey</u> An out of hours friendly and supportive space open to anyone in a crisis in

		<p>Manchester, Bolton, Salford and Trafford.</p> <p>Mon - Fri: 8pm to 1am (incl. Bank Holidays) Sat & Sun: 3pm to 1am</p> <p>Email: GMMHCrisisCafe@gmmh.nhs.uk</p> <p>Call 07778012838 or 0161 271 0339</p> <p>Please phone ahead before dropping in.</p>
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In an emergency

Contact your General Practitioner (GP)

Call your nearest NHS Walk-In Centre or go to Accident & Emergency (A&E) at your local hospital.

To find your local walk-in centre visit:

<https://www.nhs.uk/service-search/other-services/Walk-in%20centre/LocationSearch/663>

Do I have to take part?

No. It is up to you to decide if you want to take part. Your participation in this study is voluntary. You can change your mind and leave the study at any time without penalty and have your personal contact details deleted. You don't have to answer a question if you prefer not to. Refusal to participate or answer certain questions will not affect your relationship with the researcher or anyone else involved in the study.

To withdraw from this study please [email 25435965@edgehill.ac.uk](mailto:25435965@edgehill.ac.uk)

The online survey is anonymous so it's not possible to identify your answers, and once submitted they will be used for the study. Consent is implied when you submit your responses.

Before the study begins you will have an opportunity to ask questions and when these have been satisfactorily answered you will be asked to sign the consent form.

Once the all Creative Wellbeing Workshops have concluded, you will have 7 days to withdraw. If you do choose to withdraw, data from the survey and focus group comments will be removed. However, due to the collaborative nature of the arts-based research element, contributions any creative art cannot be removed.

After 7 days data will have been transcribed and anonymised and it will no longer be possible to withdraw it.

Will my participation be confidential?

Yes. The surveys are anonymous so no personal details will be obtained.

Yes, focus group data will be anonymised by removing any personally identifiable details during transcription. Your personal contact details will not be passed to anyone outside of the research study. Personal information will only be used to contact you about this study. The interview recordings will be uploaded to the University OneDrive as soon as possible after the interview and deleted from the recording device. Following transcription and checking of transcripts, the recordings will be deleted. Any paper consent forms will be scanned and stored on the OneDrive separately from the interview data. All study data will be stored securely on the University OneDrive in a shared folder accessible only by the research team and will be retained for a period of 10 years after which it will be securely deleted. Any personal contact details will be deleted at the end of the study. The procedures for handling, processing, storage and destruction of data from the study are compliant with GDPR (2018) and the Data Protection Act (1998).

All focus group participants must agree to uphold the confidentiality and anonymity of the other participants information.

With such a small cohort, there is always a very slight chance that you could be identified by any direct quotations that we use in publication. We will, however, take the greatest care to try and ensure that this does not happen

Confidentiality will only be broken if the researcher uncovers information that suggests that you, or others, are at risk of coming to harm, or if there is disclosure of poor or illegal practice. In this instance, the information may be shared with research supervisors and support networks.

The anonymous research data will be translated into a final art piece available to access online.

For all applications

At Edge Hill, we are committed to respecting and protecting your personal information. To find ways in which we use your data, please see the [Privacy Policy](#). The University is committed to ensuring compliance with current data protection legislation and confirms that all data collected is used fairly, stored safely, and not disclosed to any other person unlawfully. The University is a data controller and, in some instances, may be a data processor of this data.

What will happen to the results of the research study?

The results from this research project will be used to write the dissertation. The results may also be used in the following ways (listed below), but it will not be possible to identify you in any of these publications.

- Peer reviewed academic journals
- Thesis/dissertation
- Conference presentation
- Internal report
- Presentation to participants
- Written feedback to participants
- Other published outlets e.g. video, blog

Who has reviewed the study?

The study protocol has been reviewed and approved by the Faculty of Health, Social Care & Medicine Postgraduate (Taught) Research Ethics Committee at Edge Hill University.

Is there someone independent I can talk to about the research?

If you are unhappy with the research in any way, please tell us. We will try to put things right. If you would prefer to talk to someone outside the research team, or if you are not happy with the

way we deal with your problem, you can contact the Faculty Research Support Office,
fhscmresearch@edgehill.ac.uk